



5-Day Bible Reading Plan and Devotional Guide

Based on Revelation 2:1-7 and the Theme of Returning to Your First Love

Day 1: God Sees You

Read: Revelation 2:1-3

One of the most comforting truths in Scripture is that God sees everything you do. He sees your labor, your endurance, your sacrifice, and your faithfulness even when no one else notices. You may be serving quietly, pouring yourself out without recognition or applause. But the God who holds the stars in His right hand and walks among His people misses nothing. Your effort is not invisible. Your faithfulness is not forgotten. Let this truth encourage you today. You do not serve for human approval. You serve before the eyes of a God who knows, who sees, and who cares deeply about your faithfulness.

Reflection: Where in your life are you laboring without recognition? How does knowing that God sees your effort change the way you serve?

Practical Application: Write down one area of service you have been doing quietly. Spend time in prayer thanking God that He sees it, and ask Him to help you serve from a place of love rather than a need for human approval.

Day 2: The Danger of a Drifting Heart

Read: Revelation 2:4; Mark 12:28-30

It is possible to do all the right things and still have something deeply wrong on the inside. The church at Ephesus was working hard, standing firm in truth, and enduring hardship. Yet Jesus brought a serious charge against them. They had abandoned their first love. A drifting heart rarely announces itself. It happens gradually, quietly, through busyness, distraction, and routine. One day you realize that reading your Bible feels like a chore, that prayer feels hollow, and that worship feels distant. God, who is described in Scripture as a jealous God who desires your whole heart, will not settle for religious activity that has lost its affection.

Reflection: When did your relationship with God feel most alive? What has changed since then?

Practical Application: Set aside fifteen minutes today with no agenda other than simply being with God. No requests, no lists. Just sit in His presence and tell Him you want to love Him the way you once did.



Day 3: Remember, Repent, Return

Read: Revelation 2:5; Luke 15:17-20

God does not leave a drifting heart without direction. In Revelation 2:5, He gives a clear, three-step path back to intimacy. Remember how far you have fallen. Repent. Return to the works you did at first. This is not complicated, but it is costly. It requires honesty about where you are and humility to admit you have wandered. The prodigal son in Luke 15 came to his senses, remembered his father's house, and turned back. His father ran to meet him. That is the heart of God toward you today. He is not waiting to condemn you. He is waiting to restore you. The path home is always open.

Reflection: Is there a specific moment or decision in your life when your walk with God began to drift? What would it look like to repent of that and turn back?

Practical Application: Take a journal and trace your spiritual journey. Identify a turning point where things shifted. Write a prayer of honest repentance and ask God to restore the joy of your salvation, as described in Psalm 51:12.

Day 4: The Consequences of Spiritual Complacency

Read: Revelation 2:5b; Matthew 5:14-16

Jesus does not issue empty warnings. When He told the church at Ephesus that He would remove their lampstand if they did not repent, He was describing something far more serious than a loss of influence. He was describing the withdrawal of His presence. A church or a believer without the presence of God can still look active, still run programs, still fill seats, and still appear alive while being spiritually hollow. Matthew 5 describes believers as the light of the world. But that light is not self-generated. It flows from an intimate connection with Christ. Complacency dims the light. Repentance restores it. The stakes are not small.

Reflection: Are there areas of your spiritual life that look active on the outside but feel empty on the inside? What would it take to be honest about that before God?

Practical Application: Ask a trusted friend or mentor to speak honestly into your spiritual life. Invite accountability. Commit to one specific habit this week that moves you toward intimacy with Christ rather than simply religious activity.



Day 5: The Reward of the Overcomer

Read: Revelation 2:7; Revelation 22:1-5

God does not call you to return to your first love without also pointing you toward what awaits those who overcome. The promise given to the conqueror in Revelation 2:7 is breathtaking. The right to eat from the tree of life in the paradise of God. What was lost in the garden of Eden through sin and rebellion will be fully restored in eternity for those who persevere in faith. This is not just a distant hope. It is the anchor that gives your daily faithfulness meaning. Every act of repentance, every quiet moment in the Word, every choice to place God first is preparation for an eternal reality that far exceeds anything this world offers. Keep going.

Reflection: How does the promise of eternity change the way you view your daily spiritual disciplines? Does the hope of what is coming motivate you to stay close to Christ?

Practical Application: Read Revelation 22:1-5 slowly and let the vision of eternity settle into your heart. Then make one concrete commitment today, whether returning to daily Scripture reading, restarting a prayer habit, or rejoining a small group, as a declaration that you are choosing intimacy with Christ above the distractions of this world.